

# FREE courses delivered by Staffordshire

## County Council

Open to all families living in Staffordshire

September to December 2022.

We are offering a number of FREE Community Learning Service funded courses delivered and face to face to families across Staffordshire (not Stoke) in the Autumn and winter term. Programmes will be run by highly experienced tutors who all have many years of experience in supporting families and helping adults and children to learn together.

Courses have different themed sessions each week, with tutor feedback provided to ensure that family's needs are met. Delivered on a small group basis face to face or using MS Teams and WhatsApp, email with video demonstrations, access to online materials and a weekly activity to complete at home. Start dates available from 26th September. **All courses are open to any adult age 19yrs+**

### September 2022



In addition to virtual programmes, face to face courses have restarted in all districts. However only very limited spaces will be available initially to follow venue requirements.

#### Simply Play for 0-4yrs (PEEP)

10 weekly sessions

A virtual or face to face course for families with a child/ren age 0-4 years

Fun activities and learning to support your child's development. Different themes every week, with stories, songs/ rhymes to join in. Learn how to support your child's early years and gain new skills and knowledge.



#### Simply Play for Babies (PEEP)

10 weekly sessions

A virtual or face to face course for families with a baby up to 12 months.

Enjoy new sensory play ideas, early language activities and get lots of ideas to try at home, while developing your understanding of how you can support your baby to grow and develop.

*You must be able to commit to a minimum of 8 sessions in order to enrol onto the 10 session courses*



Take  
Note

To register your interest in a course, please email: [groupwork@staffordshire.gov.uk](mailto:groupwork@staffordshire.gov.uk) with the following information:

**For parents and carers:** please email your name, child's name, and date of birth together with your contact number, address and which course and day you are interested in attending.

**For professionals:** please complete the group work referral form and send to the above email.

A member of the group work team will contact you as soon as possible to discuss available places.

#### 'From Pram to Primary School'

10 weekly sessions

A virtual or face to face course to help you support your children's behaviour by Family Caring Trust.

**Struggling with your child's behaviour; mealtimes and bedtimes becoming a challenge?**

If your child is aged between 0-11 years, then this programme could be for you.