

## **Understanding The Message Behind The Behaviour**

We are delighted to offer this **FREE** workshop to parents and carers of children and young people with SEND living in Staffordshire.

The workshop is being delivered by Adele Plant a Specialist Practitioner within the Behaviour Support Service.

The workshop is primarily aimed at children in key stages 1, 2 and 3.

The session will try to uncover what messages your child might be trying to tell you through their behaviour.

There will be a small amount of theory and understanding of behaviour, including security and attachment, and will also include some practical activities and relaxation techniques for you to try at home.

A **FREE** light buffet lunch will also be provided.

**Tuesday 25<sup>th</sup> April 2023**

**9.30am – 2.30pm**

**Entrust, Stafford**

**Places are limited and will be offered on a first come first served basis and therefore booking is essential.**

If you would like to request a booking form, please email:

[sun@staffordshire.gov.uk](mailto:sun@staffordshire.gov.uk)