Vocabulary Pyramia Athletics **EYFS**

Ball Skills push stop

Games

Fundamentals

space forwards safely

backwards balance

jump

Year 1

hop aim far

bend slow fast direction travel improve



distance sprint height jog take off landing overarm underarm

Year 3

speed accurately strength power faster further higher control pace



officiate stamina power perseverance personal best determination accuracy

technique rhythm upsweep stride downsweep flight

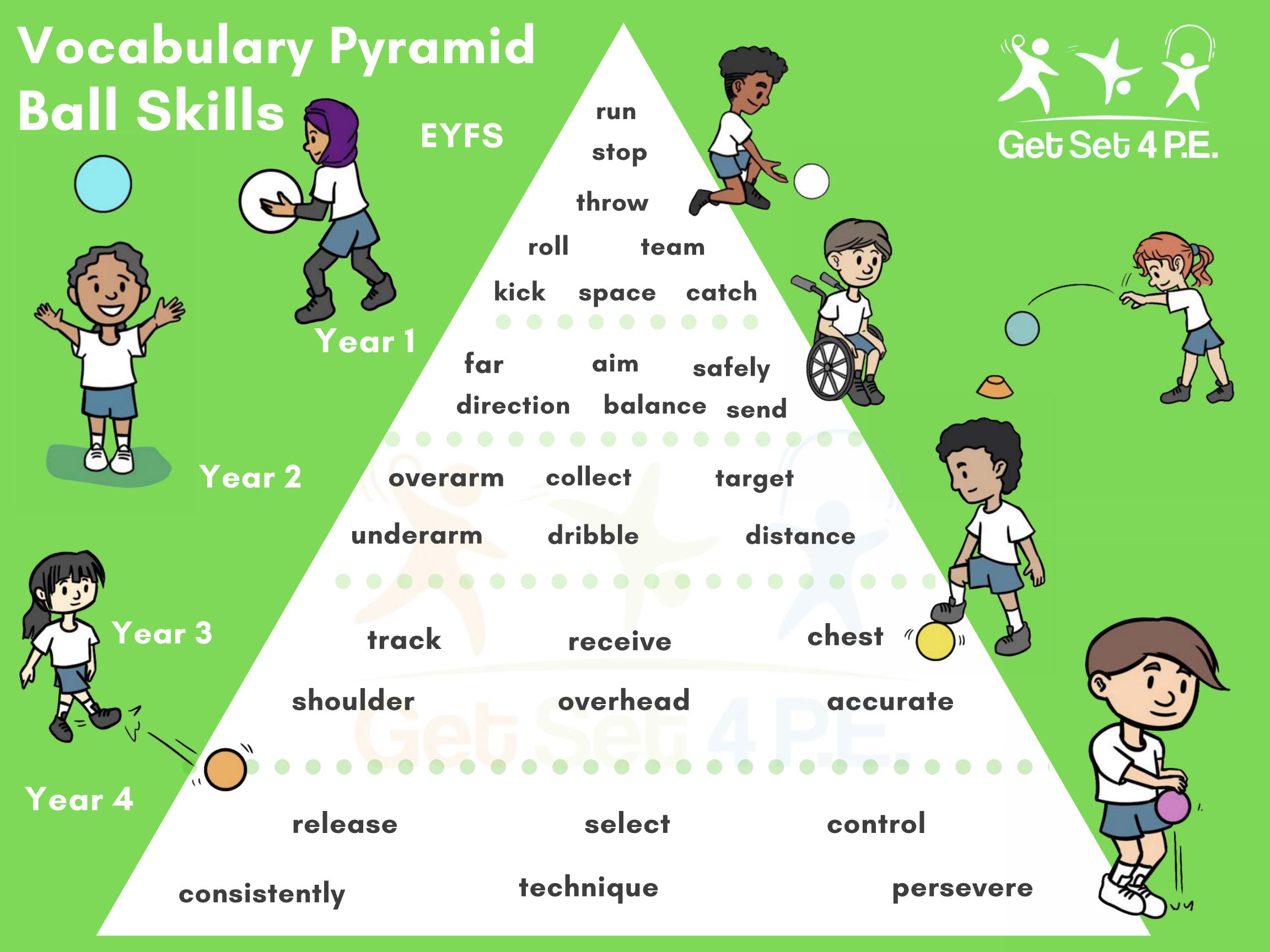


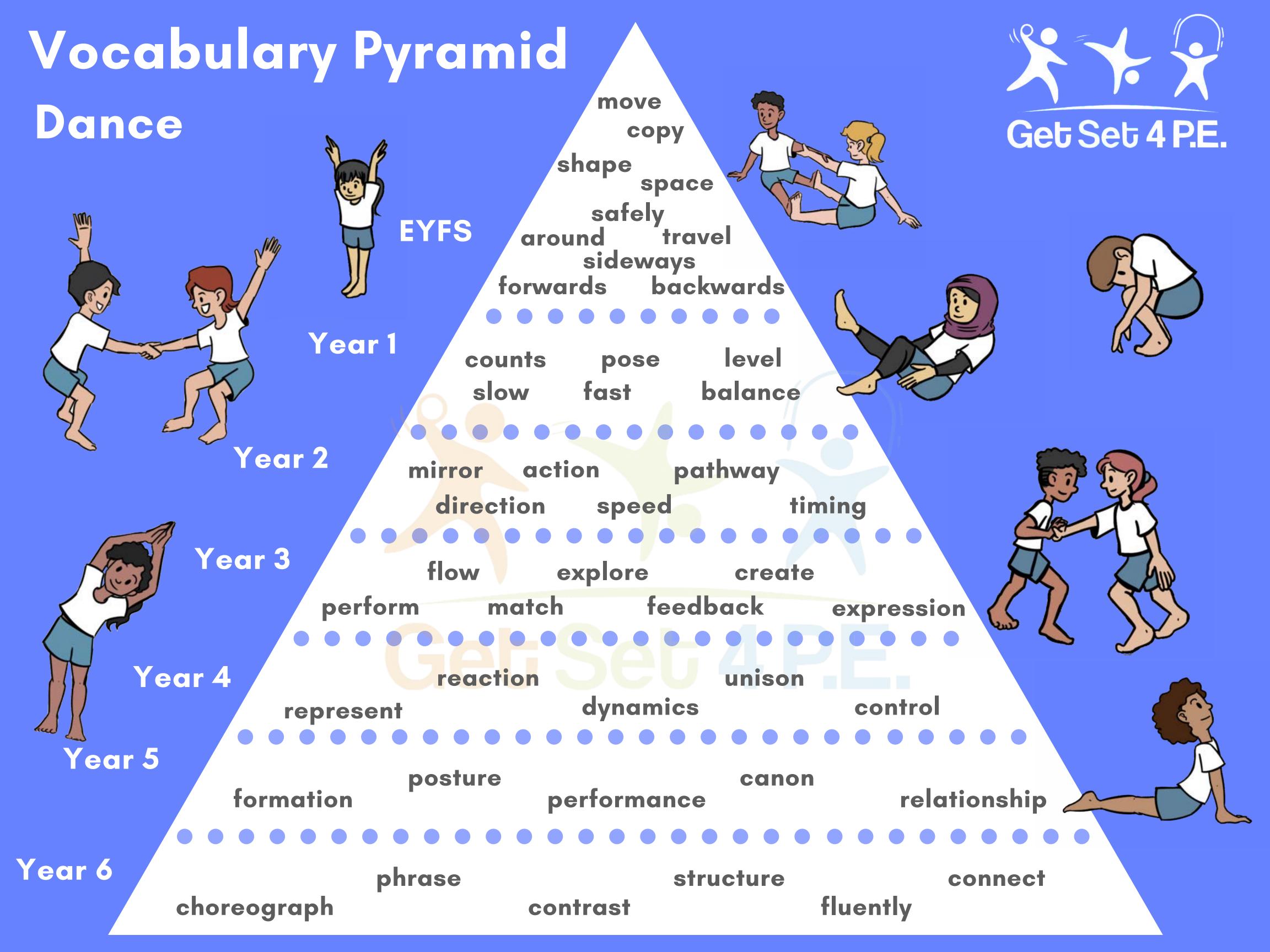
Get Set 4 P.E.

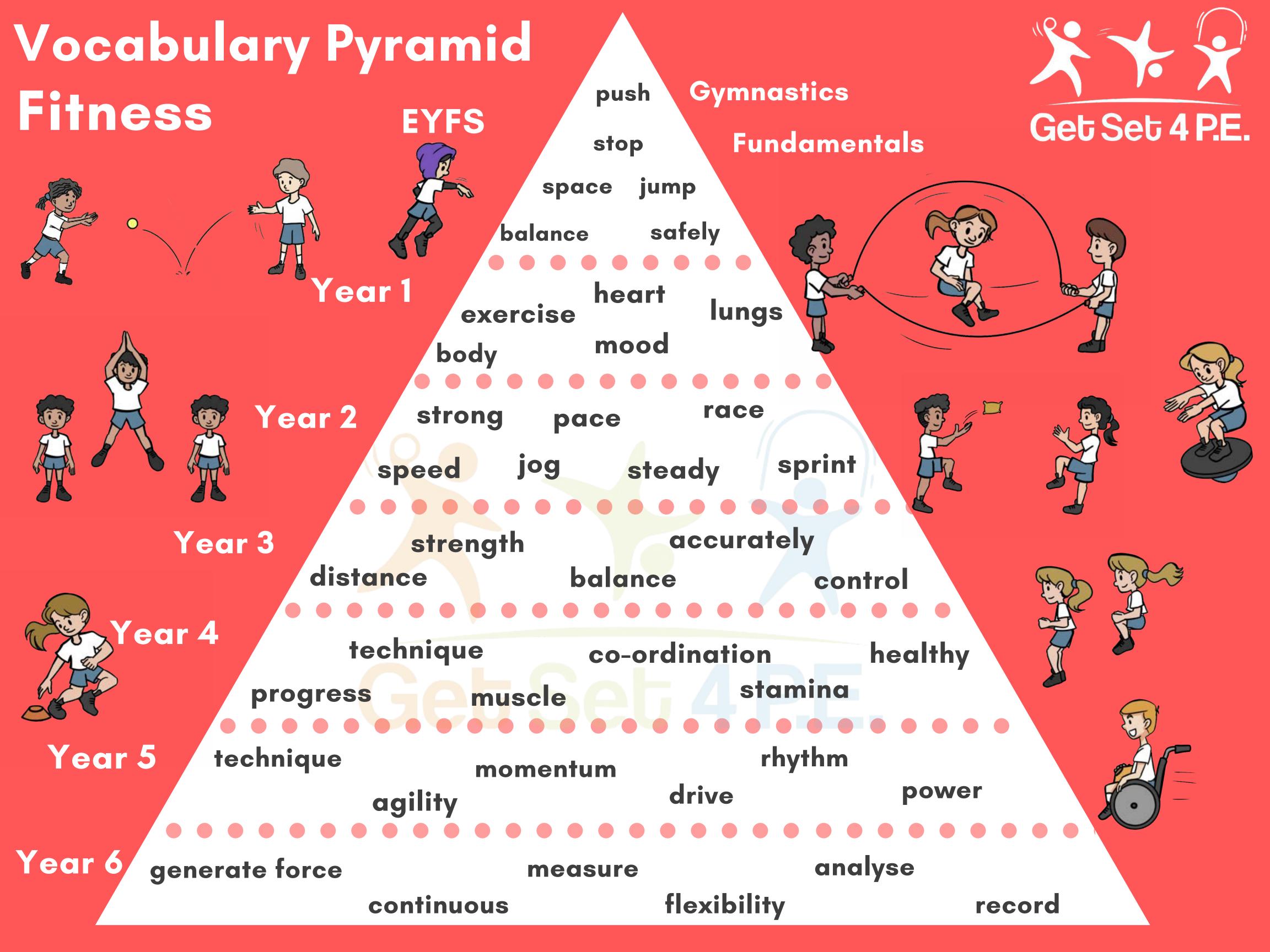
Year

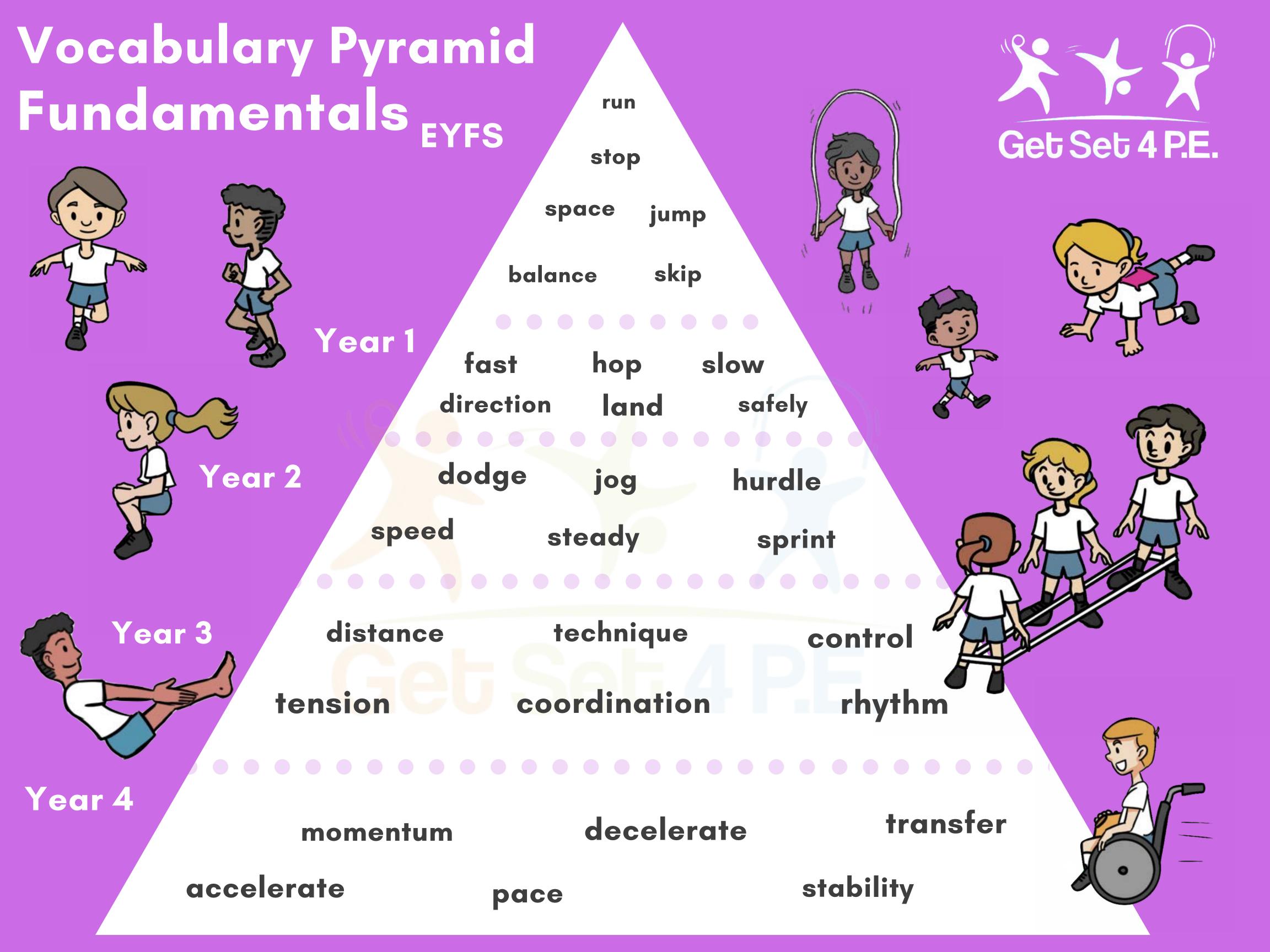
rotation trajectory force compete

continuous pace transfer of weight momentum









Vocabulary Pyramia move Gymnastics copy Get Set 4 P.E. over shape space rock safely **EYFS** around travel sideways backwards forwards Year 1 roll action level direction speed point balance Year 2 tuck link sequence pathway star pike straddle speed Year 3 flow explore create matching interesting control contrasting quality inverted pertorm Year 4 technique extension apparatus Year 5 symmetrical aesthetics rotation canon synchronisation progression asymmetrical fluently Year 6 stability momentum formation counter balance counter tension

Vocabulary Pyramia Invasion Games

pass

Games

Ball Skills team

Get Set 4 P.E.



EYFS

balance tag safely space backwards

forwards

Fundamentals



attacker score partner



onside

shut down



Year 2

received send teammate chest pass possession dodge bounce pass goal





fear 3

footwork rebound tracking receiver interception mark travelling playing area



Tear 4

outwit pivot court

opposition opponent contact field pitch

Year 5

tactics control foul pressure obstruction support offside



contest dictate consecutive consistently

conceding turnover formation

Vocabulary Pyramid Games team Net and Wall Games Get Set 4 P.E. **Ball Skills** space catch throw Fundamentals **EYFS** safely bounce forward backward Year 1 ready position partner net underarm score points Year 2 receive quickly trap return collect defend against Year 3 accurately serve track racket rally control opponent receiver backhand Year 4 forehand court outwit Year 5 footwork set volley continuously co-operatively dig tactics Year 6 defensive deep forecourt attacking consistently consecutive backcourt

