



St. John's CE Primary School
Wetley Rocks

PE

Intent, Implementation, Impact.

“Shine like the star you are.”

“You are the light of the world. A town built on a hill cannot be hidden.

¹⁵ Neither do people light a lamp and put it under a bowl, instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

Matthew 5:14-16

Our Values

Strength: have the strength to stand up for what is right. Be a courageous advocate.

Hope: to be people of hope. Have hope when times are dark and difficult. Keep positive and be resilient – there is light at the end of the tunnel.

Individuality: embrace and celebrate our differences. God made us all unique and this is a very special thing.

Nuture: cherish, care for, encourage and protect everything in God’s world - including yourself.

Excel: fulfil your God given potential; be the best you can be. Shine like the star you are.

Physical Education Intent

Physical Education at St John's is driven by the belief that young people deserve the right to a healthy, active lifestyle and that positive experiences of sport and physical activity can lead to a lifetime habit of participation. All P.E. lessons are linked to values of our school and the aims of the National Curriculum with the ultimate aim of children achieving competence to excel to their personal best in a broad range of physical activities. Our intent for all children to have the confidence, skills and resilience to engage in physically demanding and varied activities that require them to take a thoughtful approach to choices they make. Physical activity has numerous benefits for children's physical health, as well as their mental wellbeing. We believe that children who are physically active are happier and more resilient.

We also believe in providing our children with the opportunities to participate and succeed in competitive sport and other physically-demanding activities. We place opportunities to participate in sport within our yearly timetable and believe that such activities can build character, fairness and respect.

In addition to that, we also promote active playtimes. Daily physical activity includes: active breaks in lessons, active playtimes and extra-curricular activities.

PE and St John's Values:

Strength: We want our children to love P.E. We want our children to have the strength to persevere in physical activity and to push themselves to achieve their 'personal best' within everything they do. We will provide children with opportunities to analyse their own performance and the performances of their peers to enable them to identify areas of strength and areas they can develop. Positive and constructive feedback is modelled by our teaching staff to provide our children with support on how to develop physically, emotionally and socially.

Hope: Our children will have a 'can-do' attitude towards physical activity and will be supportive of their peers. Positive attitudes towards peers, team mates and opponents will be fostered through high-quality feedback and children will recognise the emotional benefits of a supportive, positive attitude. The children will demonstrate a positive attitude by understanding the need to continually practice and refine skills before applying them in different contexts.

Individuality: We firmly believe that our children can shine in all aspects of their school life – in and out of the classroom. Our children will be able to compete and apply their skills in an individual capacity alongside working with their peers. Sporting opportunities will be provided in a range of team and individual sports to provide children with a broad range of experiences.

Nurture: Through P.E., we can develop supportive attitudes towards others as well as being supportive of ourselves and understanding the need to practice to improve. Team working will be modelled and built into P.E. sessions to allow our pupils to continually develop their supportive team working and social skills.

Excel: At St John's Primary School, our P.E. curriculum is ambitious and will make reference example of best practice to ensure that our children can see how the skills they are being taught are in fact skills to enable them to lead healthy, active lifestyles and to excel. Our children will all have the opportunity to experience sporting competition and physically demanding activity to enable them to see that they can achieve their 'personal best' when competing against others or when attempting to reach targets that they have set for themselves. Our children will understand that to excel means to try your very best at whatever you put your mind to.

Implementation

Our Physical Education curriculum is shaped by the school vision which aims to enable all children, regardless of background, ability, additional needs to flourish and become the very best version of themselves that they can possibly be. We teach the National Curriculum and the Development Matters and use **GetSet4PE** as a scheme to support teaching and learning to ensure that our staff and pupils follow a progressive P.E. curriculum. This scheme has been chosen because it provides clear support for both staff and pupils and the lessons provide a progressive approach to teaching and applying skills.

EYFS

In EYFS, we support our teaching and learning by using the ***GetSet4PE*** and ***Development Matters***. Our children develop their skills through both adult led activities and within the daily continuous provision. P.E. is timetabled for two sessions per week, with the first session focussed on skill development and the second session focussed on application and continued practice and refinement. At the start of the year, our EYFS children begin their P.E. journey with units based upon the development of fundamental P.E. skills such as throwing, catching, moving safely, running, jumping and following a path. In addition to this, there is also a focus on social and thinking skills such as sharing, turn-taking and perseverance. Later in the year, the children access Gymnastics and Dance lessons using appropriate equipment to extend their learning where appropriate.

KS1 and KS2

In KS2, P.E. is timetabled for two hours per week. Our KS1 and KS2 curriculum is based on the ***GetSet4PE*** scheme, which provides guidance and a context for the National Curriculum objectives. The scheme is mapped out to be coherent across year groups and the core areas of the curriculum are assigned to each year group (this includes Gymnastics, Dance, Athletics, Invasion Games, Net and Wall. Other areas, such as Outdoor and Adventurous activity and Yoga, are included to provide other avenues for children to explore their social and emotional wellbeing and understanding. The lessons provided by ***GetSet4PE*** included teaching activities and how to adjust using the STEP model (varying space, task, equipment and people). A bank of exemplification videos and support sheets are provided for both staff and our children to model best practice. Units of P.E. are also planned in an order to provide links to extra-curricular sporting activities to enable children to have a goal to work towards applying their learning in competitive activities.

Impact

Our children will be confident and proficient in the fundamentals of P.E. including throwing, catching, balancing, special awareness, running, jumping and safe moving. They will enjoy being active and understand the importance of physical activity and how it contributes to a healthy lifestyle.

Children will have a secure knowledge of the associated vocabulary and skill names needed for P.E.

Staff will look for evidence of learning through ensuring that lessons are active for roughly 80% of the session time. This will enable them to observe pupils' skill development, application, as well as adjust activities where needed to provide scaffolded support / alterations to task or groupings to enable children to achieve learning objectives or to extend learners through applying skills in set, game contexts.

Pupils will learn to showcase, share, celebrate and demonstrate their work to best show the impact of our curriculum.

All of our children will have had the opportunity to experience competitive or non-competitive physical activity in an extra-curricular context before they leave St John's.

Children will be able to apply the British values of democracy, tolerance, mutual respect, rule of law and liberty when engaging in P.E. activities.

“Shine like the star you are.”