

DID YOU KNOW?



We have teamed up with Better Health Staffordshire to work towards our shared vision of encouraging children to make healthier food choices.

Check out our menu to see which day they've chosen to promote.



FREE SCHOOL MEALS



All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by £458 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



MENU

January-July
2024

Staffordshire



edwards and ward
a recipe for success

WEEK ONE

WEEK TWO

WEEK THREE

MONDAY

Margherita Pizza with Jacket Wedges (V)(WG)
or Penne with Vegeballs in Tomato Sauce (Ve)(WG)
Choice of Filled Jackets or Tomato Pasta
Green Beans, Sweetcorn
St Clement's Shortbread (Ve)



Penne with Beef Bolognese (WG)
or Veggie Cottage Pie (Ve)
Choice of Filled Jackets or Tomato Pasta
Broccoli, Garden Peas
Apple Crumble (Ve)(WG) with Custard (V)

TUESDAY

Roast of the Day with Roasties, Stuffing & Gravy
or Homemade Veggie & Stuffing Roll with Roasties
& Gravy (Ve)
Choice of Filled Jackets or Tomato Pasta
Cauliflower, Sliced Carrots
Chocolate Mousse with Pears (V)

Margherita Pizza with Jacket Wedges (V)(WG)
or Beany Chilli with Rice (Ve)(WG)
Choice of Filled Jackets or Tomato Pasta
Green Beans, Sweetcorn
Lime Shortbread (Ve)

Cottage Pie
or Veggie Chow Mein (Ve)
Choice of Filled Jackets or Tomato Pasta
Broccoli, Garden Peas
Chocolate & Pear Sponge with Chocolate Custard (V)

Roast of the Day with Roasties, Yorkshire & Gravy
or Roasted Butternut Squash with Roasties,
Yorkshire & Gravy (V)
Choice of Filled Jackets or Tomato Pasta
Cauliflower, Sliced Carrots
Jelly (Ve)

Breakfast for Lunch with Diced Potatoes
or Veggie Breakfast for Lunch with Diced
Potatoes (V)
Choice of Filled Jackets or Tomato Pasta
Baked Beans, Cooked Tomato
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips
or Garden Vegetable Goujons with Chips (Ve)
Choice of Filled Jackets or Tomato Pasta
Baked Beans, Garden Peas
Vanilla Ice Cream with Banana (V)

Margherita Pizza with Jacket Wedges (V)(WG)
or Penne with Veggie Bolognese (Ve)(WG)
Choice of Filled Jackets or Tomato Pasta
Sweetcorn, Green Beans
Vanilla Iced Shortbread (Ve)

Pork or Chicken Sausages with Mash & Gravy
or Veggie Sausage with Mash & Gravy (Ve)
Choice of Filled Jackets or Tomato Pasta
Sliced Carrots, Garden Peas
Toffee Apple Sponge with Apple Custard (V)

Roast of the Day with Roasties, Stuffing & Gravy
or Quorn Fillet with Roasties, Stuffing
& Gravy (Ve)
Choice of Filled Jackets or Tomato Pasta
Cabbage, Carrot Batons
Chocolate Mousse with Mandarins (V)

Chicken with Golden Vegetable Rice (WG)
or Mac & Cheese (V)
Choice of Filled Jackets or Tomato Pasta
Rainbow Veg
Jammy Dodger Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips
or Quorn Dippers with Chips (Ve)
Choice of Filled Jackets or Tomato Pasta
Baked Beans, Garden Peas
Vanilla Ice Cream with Fruit Cocktail (V)

08/01, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05, 03/06, 24/06, 15/07

15/01, 05/02, 26/02, 18/03, 08/04, 29/04, 20/05, 10/06, 01/07, 22/07

22/01, 12/02, 04/03, 25/03, 15/04, 06/05, 27/05, 17/06, 08/07

Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily



V - Vegetarian Ve - Vegan WG - Wholegrain