Delivered by the Specialist Teaching Support Service   
Autism Inclusion Team

PLEASE NOTE – THIS TRAINING IS FOR PARENTS/CARERS OF CHILDREN WHO HAVE A DIAGNOSIS OF AUTISM (inc. those not yet referred to our Service) & FOR THOSE ON THE PATHWAY

FREE Parent/Carer Training

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| **DATE** | **TIME** | **COURSE TITLE** | **LOCATION** |
| **10.10.24** | 09.30-10.30 | Understanding Autism | Faraday Road |
| 11.00-12.00 | Raising Self-Esteem |
| 13.30-15.00 | Emotion Regulation |
| ^ PLEASE CHOOSE A MAXIMUM OF TWO SESSIONS ^ | | | |

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| **DATE** | **TIME** | **COURSE TITLE** | **LOCATION** |
| **17.10.24** | 09.30-12.00 | Autism in Early Years | Faraday Road |

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| **DATE** | **TIME** | **COURSE TITLE** | **LOCATION** |
| **10.12.24** | 09.30-10.30 | Understanding Autism | **Microsoft Teams** |
| 11.00-12.00 | Raising Self-Esteem |
| ^ PLEASE CHOOSE ONE OR TWO SESSIONS ^ | | | |

**Faraday Road = Families First at Faraday Road, Stafford, ST16 3NQ (Stafford Children’s Centre)**

**Session Information Overleaf…**

**Understanding Autism**Language use when talking about autism.  
Understanding the key areas of difference.  
Thinking about your child’s needs and ways to support them.

**Raising Self-Esteem in Autistic Children and Young People**Sharing diagnosis with your child.  
Ways to raise your child’s self-esteem.

**Autism in Early Years for Parents**A practical session for parents of children aged 0-5 with resources to take away.

**Emotion Regulation**This training will help to raise your awareness and understanding of emotional regulation and how this impacts children with a diagnosis of Autism.