

MAY 2025



Staffordshire Moorlands Family Hub

Here at Staffordshire Moorlands Hub we aim to provide activities and support for children and young people 0-19 and their families to keep them happy, healthy and safe. We aim to provide 'The Right Help at the Right Time and in the Right Place'.

Our friendly team of staff are here to help you find the right support and answer any of your questions as well as tell you about the range of services and activities offered in Family Hubs.

The activities we provide are delivered across the Moorlands area, including Biddulph, Leek and Cheadle.

Please feel free to contact us via Facebook or by calling the Hub or why not drop in.

FPC = Family Hub Free Pass Card

Accepted up to a value of £5 per participating session



COMING SOON



Staffordshire Moorlands Family Hub

Coffee morning

Are you a parent or carer of a child with Special Educational Needs? Join us for our coffee morning to discuss anything SEN

- When: Thursday 5th June 10-11.30am
- Where: Staffordshire Moorlands Family Hub, Albert Street, Biddulph, ST8 6DT



To book a place please email familyhubadminmoorlands@staffordshire.gov.uk or call the team on 01782 297970

Staffordshire Moorlands Family Hub

Are joining forces with Wild & Free in Leek and The Snug in Cheadle to provide Special Education Needs Activities. Watch this space for details.

Breastfeeding Peer Support

Is coming soon to The Snug in Cheadle. Keep an eye on their facebook page for details



@Thesnugstayandplaycafe

Crafternoon

Staffordshire Moorlands Family Hub, ST8 6DT

Our next session will take place on Monday 12th May. For children aged 9-12 years.

3:30pm—4:30pm

Email:

carol.Boon@staffordshire.gov.uk to book your place

MONDAY

Little Doves Under 5s

Playgroup FPC

Waterhouses Methodist Chapel, ST10 3HN

Fun & Friendly baby & toddler group. Free play, craft, dancing and bubbles!

Drop In 9.15AM - 11.00AM

0-5 years £2.00 per family

For details go to @Little Doves

Under 5s Playgroup Waterhouses

Little Bees Craft & Play

Staffordshire Moorlands Family Hub, ST8 6DT

An interactive themed session each week for parents and carers with little ones aged 0-4 years.

9:30PM—11:00AM

FREE—DROP IN SO NO NEED TO BOOK

For details call: 01782 297970

Kindly sponsored by Biddulph Town Council



Craft & Play

St Giles The Abbott Cheadle ST10 1HU

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers.

10:15AM— 11:45AM

FREE - TERM TIME ONLY

Tel: 01538 387231

Biddulph Breastfeeding Group

Staffordshire Moorlands Family Hub, ST8 6DT

Parent Led Support Group. A chance for mums to meet other mums. Refreshments provided. FREE

10:00AM—11:30AM

Call 01782 297970 for details

MONDAY

Coming Soon

Pram to Primary—Virtual Online

Are you struggling with your child's behaviour? If your child is aged between 0-11 years, then this programme could be for you.

****BOOKING ESSENTIAL****

Email: Groupwork@staffordshire.gov.uk

Mini Messy Makers FPC

Staffordshire Moorlands Family Hub, ST8 6DT

Do you love messy play with your little one,?6 different themed sensory tuff trays per week.

£6.50 per child, Block booking also available. ALL DAY

6 months old to preschool Contact Alex book or for more information.

Mini.messy.makers101@gmail.com

If you need to speak to a Health Visitor please call the Hub on

0808 178 0611



TUESDAY

Simply Play

Kingsley Holt Centre ST10 2BQ

Spend time with your little one, have fun and try out lots of different activities and learn about your child's development. 10 week course.

9:45am—11:15am

FREE 0-4 years

****BOOKING ESSENTIAL****

Email:

Groupwork@staffordshire.gov.uk

Or call Carol 01782 297970



Little Feet Gymnastics FPC

Staffordshire Moorlands Family Hub, ST8 6DT

Semi structured gymnastics class for confident walkers upwards

9:30AM - 10:15AM

£5.50 per session

To book a place and for more

information contact Jodie on

littlefeetgymnastics@yahoo.com or

call 07793063393

Simply Play for Babies

Leek Wow Hub ST13

5DS

Spend time with your baby, have fun and try out lots of different activities and learn about your baby's development.

10 week course. 1PM-2:30PM

FREE 0-12 months

****BOOKING ESSENTIAL****

Email:

Groupwork@staffordshire.gov.uk



TUESDAY cont'd

Craft & Play

Home-Start Staffordshire

Moorlands ST13 6JT

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers.

10:00AM- 11:30AM

FREE - TERM TIME ONLY

Tel: 01538 387231

Childminders Networking

Group

Staffordshire Moorlands Family Hub, ST8 6DT

A group for local childminders and their minded children to meet up and play.

9:30AM - 11:30AM 0-5 years

FREE Tel: 01782 297970

Pram to Primary—Virtual Online

Are you struggling with your child's behaviour? If your child is aged between 0-11 years, then this programme could be for you.

6pm-8pm

****BOOKING ESSENTIAL****

Email: Groupwork@staffordshire.gov.uk

WEDNESDAY

Toddler Stay & Play

Kingsfield First School ST8 6AY

Crafts, Messy Play, Stories and Singing. Different nursery rhymes each week with a chance to get to know the staff at Kingsfield First School.

9:00AM—10:00AM

£2.00 PER CHILD

For details call: 01782 973800

WEDNESDAY

Endon Little Learners

Endon Village Hall

Play and Learn session

9:30am—11:30am

0-5 years

Voluntary donation of £2.50 and

50p per additional child

Tel: Kate on 07921 253749

From Pram to Primary

(0-11yrs)

Cheadle Fire Station ST10 1HF

Are you struggling with your child's behaviour? If your child is aged between 0-11 years, then this programme could be for you.

9:30am—11:30am FREE

****BOOKING ESSENTIAL****

Email: Groupwork@staffordshire.gov.uk

Or call Carol 01782 297970

Coming Soon

Talking Teens

Free online course for parents of teenagers aged 13—18.

12:30pm—2:30pm

To book your place email:

Carol.boon@staffordshire.gov.uk



THURSDAY

Play and Learn

Oxhey First School ST8 7EB

Make Friends and have fun with a different nature theme each week. Includes a drink for adults and children with toast and a biscuit too!

9:45am-11:00am

£2.00 donation

For details and to book your place call 01782 513000

Simply Play

All Saints Kids Club ST13 5QY

Spend time with your little one, have fun and try out lots of different activities and learn about your child's development. 10 week course.

10:00am—11:30am

FREE 0-4 years

****BOOKING ESSENTIAL****

Email:

Groupwork@staffordshire.gov.uk

Or call Carol 01782 297970

Craft & Play

Kingsley Holt Centre ST10 2BQ

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers.

10:00AM- 11:30AM

FREE - TERM TIME ONLY

Tel: 01538 387231

Stay & Play

Hour Lady of Grace Catholic Academy st8 6lw

Join us for a relaxed session with fun activities for you & your child

2:00pm—3:00pm (under 4s)

For more information call 01782

512644

FRIDAY

Children's and women's vitamins are available to buy from your Family Hub



£2.00 Children's vitamins
£1.15 Women's vitamins

OR
visit the QR code to sign up to the Healthy Start Scheme where you may be eligible to get vitamins for free!

www.healthystart.nhs.uk



Wake Up Shake Up Breakfast Club

Staffordshire Moorlands Family Hub, ST8 6DT

Stay and Play includes Breakfast. For parents and carers with little ones aged 0-4 years. Fun and friendly group with lots of toys and soft play 9.30am—11:00am FREE

For details call 01782 297970



Family Hub
Staffordshire Moorlands

Sign up to get our latest news.

- Right help.
- Right time.
- Right place.

FRIDAY

Leek Breastfeeding Group Homestart Staffordshire Moorlands ST13 6JT

A parent-led breastfeeding support group. A relaxed and friendly environment within which to discuss issues and develop confidence.

1.00PM - 2.30PM 0 - 5 years
FREE

Facebook: @leekbreastfeeding

Tel: 01782 297970



Family Hub
Staffordshire

Supporting children and
families across Staffordshire

Family Hub Newsletter

Staffordshire Moorlands District

Click the QR code to register



Right help.



Right time.



Right place.



VENUES

Staffordshire Moorlands Family Hub,
Albert Street, Biddulph, ST8 6DT
01782 297970

All Saints (CE) V First School, Kids Club
Room, Cheadle Road, Leek, ST13 5QY

The Snug, The Old Talbot, Watt Street,
Cheadle, ST10 1NY

Kingsfield First School ST8 6AY
Oxhey First School, SY8 7EB
Knypersley First School ST8 6NN

Home-Start Staffordshire Moorlands, Earl
Street, Leek, ST13 6TJ

Waterhouses Methodist Chapel, Leek
Road, Waterhouses, ST10 3HN

Beresford Family Hub, ST13 6NR
St Giles The Abbott Cheadle ST10 1HU

Kingsley Holt Centre ST10 2BQ
Biddulph Youth and Community Zone
ST8 6NE



WEEKLY

School Nurse Drop In

Staffordshire Moorlands Family Hub, ST8 6DT

Drop In—2nd Monday of each month
No appointment needed 1pm—4.30pm
For all enquiries call 0808 178 0611

3-4 month & 2 year Development Checks

Staffordshire Moorlands Family Hub, ST8 6DT

Monday and Wednesdays
Appointment only
For all enquiries call 0808 178 0611

Well Baby Clinic

Staffordshire Moorlands Family Hub, ST8 6DT

Drop In
Thursdays 1.30-3.30pm
For all enquiries call 0808 178 0611

Speech & Language Therapy

Staffordshire Moorlands Family Hub, ST8 6DT

Tuesday, Thursday and Fridays
Referral Only. Appointment based
For all enquiries call 01782 234484

Financial Wellbeing Support

Are you struggling with the cost of living and would benefit from some support, advice and signposting to relevant services? If so our Family Hub-money guides are here to support you.

Email
financialwellbeing@staffordshire.gov.uk
with your name, the area you live in and a contact phone number and one of our team will be in touch to arrange a free appointment to discuss how we can help.

SUPPORT FOR YOU AND YOUR FAMILY IN STAFFORDSHIRE MOORLANDS

Do you know about our free pass?
You may be eligible to attend some of
our **sessions for FREE!!**

For more information please call our
friendly team on 01782 297970



Home Start Staffordshire Moorlands

Being a parent is a tough job
and all we need is a little help
sometimes. Homestart offers
support to parents to improve
their confidence and build
better lives for their children. For more
information call 01538 387231 or visit
www.homestartsm.org.uk



The Early Help Team

The Early Help Team are available to talk to
you about any concerns you may have
about your family or child. We can offer
support or signpost you to other services
available in our area. Don't sit and worry
have a chat with a member of the team.
Contact 01782 297810



HUNGRY LITTLE MINDS

Sign up to Hungry Little Minds
Staffordshire and Stoke on Trent for
free and you will get 2 emails a month
showing you how you can help your
baby's brain develop, support with
activities and check to see when your
baby's health checks are due.



Staffordshire
County Council

FAMILY HUB VOLUNTEER PROGRAMME

Session Lead **Session Support** **Early Years** **Admin Support**

Do you have a few hours to spare each week?
Would you like to come and volunteer in your local Children's Centre?
We have opportunities for volunteers to come and support our delivery across
the Staffordshire county.

If you would like to find out more please contact Debbie Burgess or scan
the QR code below to apply now

Call 07704 798133 Email debbie.burgess@staffordshire.gov.uk

FROM PRAM TO PRIMARY SCHOOL

STARTING
JANUARY
2025

FREE SESSIONS

Would you like to feel more
confident in your parenting?
Would you like to learn more
about your child's behaviours and
their emotional development?
Then Pram to Primary might be
the course for you!

We offer free 6 week courses for
parents of 0-11 year olds with
both face-to-face and virtual
options available.

To book your place email
Groupwork@staffordshire.gov.uk

Staffordshire Moorlands has a
wealth of support for you and
your family. Please visit
Staffordshire Connects for more
details



Healthy Start Vouchers

Are you pregnant or have
children under four? You may
qualify for the Healthy Start
voucher scheme to help you
buy food, milk and vitamins.

Healthy Start NHS

Check if you're
eligible at
healthystart.nhs.uk

THINK 2

Funded Early Learning Childcare Sessions

Funded sessions
for 2 year olds.

Is your child
eligible?

SCAN HERE

Mum to be? Quit for me!



Help your baby by stopping smoking.

Smoking in pregnancy:

- reduces the oxygen getting to your baby
- increases the risk of miscarriage, stillbirth and cot death

We offer:

- 12 weeks of support tailored to your needs
- Free nicotine replacement therapy

We can help:

- If you live in Staffordshire*
- If you smoke tobacco products
- If you are pregnant, or have had a pregnancy within the last 6 months
- If you live with someone who is pregnant, or has had a pregnancy within the last 6 months

What do I do now?

Visit: staffordshire.everyonehealth.co.uk

Email: eh.staffs@nhs.net

Tel: 0333 005 0095



*excluding Stoke on Trent

Funded by



SENDIASS
Staffordshire Family Partnership



SENDIASS - Staffordshire Family Partnership

We provide an impartial and confidential service on matters
relating to a child or young person's special educational needs
or disability from birth to 25 years. We are the information,
Advice and Support Service for Staffordshire.

What information, advice and support do we offer?

- educational, health and social care
- National and local policy
- The Local Offer
- Your rights and choices
- Your opportunities to participate
- Where you can find help and advice
- How you can access this support
- Help when things go wrong



Right help. Right time. Right place.