

St. John's CE Primary School Mill Lane, Wetley Rocks, Stoke-on-Trent, Staffordshire, ST9 0BN

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Year 6 Update – Standon Bowers 2025

Dear Y6 Parent / Carer,

Our residential visit to Standon Bowers Outdoor Education Centre will soon be upon us and now is a great time to consider the items that our children will require during their time away. We have compiled a checklist below after liaising with the Standon Bowers team to help you to prepare and to know what to pack. It is not necessary to go out and buy lots of new and expensive items for the visit as they are likely to get wet / muddy / dirty at times. Old but comfortable clothes are great! Standon Bowers will provide all specialist and safety equipment for activities, including waterproofs.

Here are a few extra bits of important information:

Clothing

All clothing must be labelled as neither Standon Bowers nor school staff will be able to store lost property. Pupils need to be aware that they are responsible for their belongings whilst on the trip. Please avoid jeans as, once they are wet, they become very uncomfortable to wear. It is important to note that our children will be required to carry their own bags to the coach / to their dorm rooms, so please make sure that they are manageable and securely packed.

Bedding

We will be staying in dorm rooms and children will require a **single duvet cover**, **single bed sheet** and **two pillow cases** (a duvet and two pillows will be provided). The centre staff will expect our children to make their own bed upon arrival (any practice before the visit would be handy if they cannot already do this!) and then maintain the tidy order of their dorm room throughout their stay.

Food and Drink

Please ensure that children have a water bottle (preferably with a sports cap to prevent any spillages within the centre). There will be plenty of water refill points. Children are allowed to bring **a pack of biscuits** to eat in the evenings. Please do not pack multi-packs of biscuits- we are only away for two nights! Please **do not pack** sweets or chocolate. Food is not allowed in dorm rooms, so all biscuits will be stored by school staff.

Children will require a packed lunch to take with them for lunch on their first day at the centre.

Devices / Electrical Items

There is a zero-tolerance stance on phones / tablets / game devices for clear safeguarding reasons. Any child with such a device will be asked to leave the centre and parents / carers must collect them. School staff will take photographs to share with parents / carers throughout the visit. If a child has a clear need to contact home, this will arranged via school staff.

Medication

If your child takes regular medication or needs to have to any creams / lotions applied at certain points of the day, please complete the medical form that will be sent out the week before the visit. Please note that forms must also be completed for medication(s) already kept in school (for example, asthma inhalers). Forms and medication **must** be handed to Mr Redfern (or another member of staff), who will log the medication and administration details, on the morning of Monday 19th May. Please do not send medication in with children- if this causes a problem, please call the Office **before** Monday 19th May.

Suggested Kit List

Accommodation: Dormitories

| Item(s) Required | Packed at Home |
|--------------------|----------------|
| Single duvet cover | |
| Single bed sheet | |
| Two pillow cases | |
| | |

(Standon Bowers will provide a duvet and two pillows)

| Item Required (enough for 3 days / 2 nights) | Packed at Home |
|--|----------------|
| Underwear | |
| Socks | |
| T-shirts | |
| Trousers / tracksuit bottoms | |
| Shorts | |
| Warm top | |
| Outdoor trainers | |
| Walking boots (if you have them) | |
| Indoor footwear (e.g. slippers or sliders) | |
| Waterproof coat | |
| Nightwear | |
| Sun hat / sunglasses | |
| Suncream | |
| Wash kit – toothbrush, toothpaste, shower gel, shampoo etc | |
| Towel | |
| Water bottle | |
| Lip balm | |
| Plastic bags for wet / dirty clothes | |

A packed lunch will also be needed on the first day of the visit.

Finally, one question that we are often asked by children and parents is '**are the activities compulsory**?' We don't see things as being 'compulsory': the children will always be encouraged to push themselves to achieve a goal relative to what the instructors believe they can achieve. The reason why we as a school believe in attending an outdoor education centre with our Y6 class every year is to provide opportunities for them to step out of their comfort zone and to have experiences that they may never have had before. Such opportunities can provide life-long memories, build confidence and self-belief and provide real moments of success for all, no matter how large or small the hurdle may be that has been overcome. Challenge comes in many shapes and sizes for us all as individuals and we love it when the children conquer their own challenges and achieve goals they may not have felt were in reach. To support that, we'll always offer gentle encouragement and support. However, we often find that it is the children themselves who support each other brilliantly when times are tough during these types of activities.

If you have any questions or concerns please contact myself (<u>sredfern@st-johns-wetleyrocks.staffs.sch.uk</u>) or the office (<u>office@st-johns-wetleyrocks.staffs.sch.uk</u>).

Very best wishes - Mr S. Redfern