

Parent Awareness Sessions – Autumn 2026

The Autism Inclusion Team is delighted to offer free, supportive sessions for parents and carers of children with an autism diagnosis who attend a Staffordshire school, including children and young people who have not yet been referred to our service.

Date	Time	Session	Location/Platform
Thursday 22.10.26	9:30 – 11:00	Understanding Autism	TEAMS – email: autism.training@staffordshire.gov.uk to book your place
	11:00 – 12:30	Raising Self-esteem	
	1:30– 3:00	Emotional Regulation	
Tuesday 03.11.26	09:30 – 11:00	Autism and Masking	Stafford Children’s Centre 
Tuesday 03.11.26	1:00– 2:30	Reducing Barriers to Education	Stafford Children’s Centre 
Wednesday 18.11.26	10– 12:30	Autism in the Early Years	TEAMS – email: autism.training@staffordshire.gov.uk to book your place
Tuesday 01.12.26	10:00– 11:30	Girls and Autism	Stafford Children’s Centre 
Thursday 03.12.26	10– 11:30	Autism and Eating	TEAMS – email: autism.training@staffordshire.gov.uk to book your place

The Autism Inclusion Team is dedicated to driving cultural change that empowers educational settings and families to effectively support the teaching, learning and well-being of autistic students.